

Information and thermodynamics: fast and precise approach to Landauer's bound in an underdamped micro-mechanical oscillator

Salambô Dago, Jorge Pereda, Nicolas Barros, Sergio Ciliberto, Ludovic Bellon

▶ To cite this version:

Salambô Dago, Jorge Pereda, Nicolas Barros, Sergio Ciliberto, Ludovic Bellon. Information and thermodynamics: fast and precise approach to Landauer's bound in an underdamped micro-mechanical oscillator. Physical Review Letters, 2021, 126 (17), 10.1103/PhysRevLett.126.170601. ensl-03240746

HAL Id: ensl-03240746 https://ens-lyon.hal.science/ensl-03240746

Submitted on 28 May 2021

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers. L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

Information and thermodynamics: fast and precise approach to Landauer's bound in an underdamped micro-mechanical oscillator

Salambô Dago, Jorge Pereda, Nicolas Barros, Sergio Ciliberto, and Ludovic Bellon*

Univ Lyon, ENS de Lyon, Univ Claude Bernard Lyon 1,

CNRS, Laboratoire de Physique, F-69342 Lyon, France

The Landauer principle states that at least $k_BT \ln 2$ of energy is required to erase a 1-bit memory, with k_BT the thermal energy of the system. We study the effects of inertia on this bound using as one-bit memory an underdamped micro-mechanical oscillator confined in a double-well potential created by a feedback loop. The potential barrier is precisely tunable in the few k_BT range. We measure, within the stochastic thermodynamic framework, the work and the heat of the erasure protocol. We demonstrate experimentally and theoretically that, in this underdamped system, the Landauer bound is reached with a 1% uncertainty, with protocols as short as 100 ms.

The thermodynamic energy cost of information processing is a widely studied subject both for its fundamental aspects and for its potential applications [1-9]. This energy cost has a lower bound, fixed by Landauer's principle [10]: at least $k_B T \ln 2$ of work is required to erase one bit of information from a memory at temperature T, with k_B the Boltzmann constant. This is a tiny amount of energy, only $\sim 3 \times 10^{-21} \,\text{J}$ at room temperature (300 K), but it is a general lower bound, independent of the specific type of memory used, and it is related to the generalized Jarzynski equality [11]. The Landauer bound (LB) has been measured in several classical experiments, using optical tweezers [12, 13], an electrical circuit [14], a feedback trap [15–17] and nanomagnets [18, 19] as well as in quantum experiments with a trapped ultracold ion [20] and a molecular nanomagnet [21]. The LB can be reached asymptotically in quasistatic erasure protocols whose duration is much longer than the relaxation time of the above mentioned systems used as one-bit memories. In practice, when the erasure is performed in a short time, the energy needed for such a process can be minimized using optimal protocols, which have been computed [22-27] and used for overdamped systems [17]. Another strategy to approach the asymptotic LB faster is of course to reduce the relaxation time. However, for very fast protocols, one may wonder whether inertial (inductive) terms in mechanical (electronic) systems play a role in their reliability and energy cost.

The goal of this letter is to analyze this problem and to provide a new experimental and theoretical exploration of Landauer's principle on an underdamped micromechanical oscillator confined in a very specific doublewell potential. Erasure procedures in underdamped systems have never been studied before, and this new application field opens significant possibilities, since oscillators are fundamental building blocks to many systems. Moreover, it is interesting to verify the LB for a weak coupling to the thermostat. Both the relaxation time and the coupling to the bath of our system are orders of magnitude smaller than those of the overdamped sys-

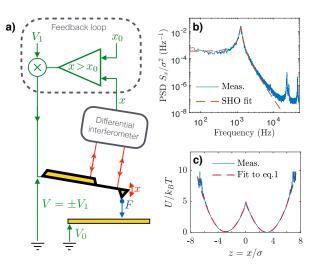


FIG. 1. (a) Schematic diagram of the experiment. The conductive cantilever is sketched in yellow. Its deflection x is measured with a differential interferometer [28], through two laser beams focused respectively on the cantilever and on its base. The cantilever at voltage $V = \pm V_1$ is facing an electrode at V_0 . The voltage difference $V - V_0$ between them creates an attractive electrostatic force $F \propto (V - V_0)^2$. The dashed box encloses the feedback controller made of a comparator and a multiplier, which create the double-well potential. (b) Measured Power Spectrum Density (PSD) of the cantilever deflection thermal noise with no feedback $(V_1 = 0, \text{ blue})$, and best fit by the theoretical thermal noise spectrum of a Simple Harmonic Oscillator (SHO, dashed red). Up to 10 kHz, the cantilever behaves like a resonator at $f_0 = 1270 \,\text{Hz}$, with a quality factor Q = 10. We infer from this measurement the variance $\sigma^2 = \langle x^2 \rangle = k_B T/k$, used to normalize all measured quantities. (c) Measured double-well potential energy (blue) obtained with the feedback on, with $x_0 = 0$ and V_1 adjusted to have a $5 k_B T$ barrier height. The potential is inferred from the measured Probability Density Function (PDF) of x during a 10s acquisition and the Boltzmann distribution. The fit using Eq. (1) is excellent (dashed red).

tems of previous demonstrations. We approach the LB in 100 ms, compared to the 30 s [13] previously needed, and thus accumulate much more statistics. Notice that the asymptotic time in our experiment is among the fastest

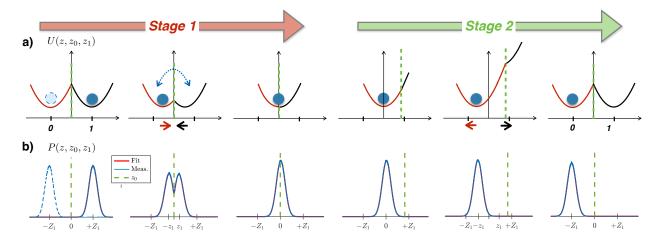


FIG. 2. Description of the erasure protocol. (a) Evolution of the potential $U(z, z_0, z_1)$. (b) Experimental static PDF $P(z, z_0, z_1)$ (blue), best fit to the Boltzmann distribution (red), and position of the threshold z_0 (dashed green).

erasure times of the systems mentioned above. Furthermore, our choice of confining potential allows both a precise experimental control and an analytical computation of the work and heat on a trajectory. These predictions can be compared quantitatively with the experimental results because they include only quantities that can be measured with high precision in our experimental set-up, schematically described in Fig. 1(a).

The underdamped oscillator is a conductive cantilever [29] which is weakly damped by the surrounding air. Its deflection x is measured with very high accuracy and signal-to-noise ratio by a differential interferometer [28]. The Power Spectrum Density (PSD) of the thermal fluctuations of x is plotted in Fig. 1(b). The fit of this PSD with the thermal noise spectrum of a Simple Harmonic Oscillator (SHO) gives its resonance frequency $f_0 = \omega_0/2\pi = 1270 \,\mathrm{Hz}$ and quality factor $Q = m\omega_0/\gamma = 10$, where $m, k = m\omega_0^2$ and γ are respectively: the mass, stiffness and damping coefficient of the SHO. From the PSD we compute the variance $\sigma^2 = \langle x^2 \rangle = k_B T/k \sim 1 \, \mathrm{nm}^2$, which is used to normalize all measured quantities: deflections are from here on expressed as $z = x/\sigma$, and energies are in units of $k_B T$. The SHO potential energy is for example $\frac{1}{2}kx^2/k_BT = \frac{1}{2}z^2$, and its kinetic energy $E_k = \frac{1}{2}m\dot{x}^2/k_BT = \frac{1}{2}\dot{z}^2/\omega_0^2$.

In order to use the cantilever as a one-bit memory, we need to confine its motion in an energy potential consisting of two wells separated by a barrier, whose shape can be tuned at will. This potential U is created by a feedback loop, which compares the cantilever deflection z to an adjustable threshold z_0 . After having multiplied the output of the comparator by an adjustable voltage V_1 , the result is a feedback signal V which is $+V_1$ if $z > z_0$ and $-V_1$ if $z < z_0$. The voltage V is applied to the cantilever which is at a distance d from an electrode kept at a voltage V_0 . The cantilever-electrode voltage difference $V_0 \pm V_1$ creates an electrostatic attractive force $F = \frac{1}{2} \partial_d C(d) (V_0 \pm V_1)^2$ [30], where C(d) is the cantilever-electrode capacitance. Since $d \gg \sigma$, $\partial_d C(d)$ can be assumed constant. We apply $V_0 \sim 100 \,\mathrm{V}$ and $V_1 \ll V_0$ so that in a good approximation, $F \propto \pm V_1$ up to a static term. This feedback loop results in the application of an external force whose sign depends on whether the cantilever is above or below the threshold z_0 . The reaction time of the feedback loop is very fast (around $10^{-3} f_0^{-1}$), thus the switching transient is transparent thanks to the inertia of the cantilever. As a consequence, the oscillator evolves in a virtual static doublewell potential, whose features are controlled by the two parameters z_0 and V_1 . Specifically, the barrier position is set by z_0 and its height is controlled by V_1 which sets the wells centers $\pm z_1 = \pm V_1 \partial_d C(d) V_0/(k\sigma)$. The potential energy constructed by this feedback is:

$$U(z, z_0, z_1) = \frac{1}{2} \left(z - S(z - z_0) z_1 \right)^2, \tag{1}$$

where S(z) is the sign function: S(z) = -1 if z < 0and S(z) = 1 if z > 0. We carefully checked that the feedback loop creates a proper virtual potential without perturbing the response of the system, including having no effect on the equilibrium velocity distribution [31]. The potential in Eq. (1) can be experimentally measured from the Probability Distribution Function (PDF) P(z)and the Boltzmann distribution $P(z) \propto e^{-U(z)}$. Figure 1(c) presents an example of an experimental symmetric double-well potential generated by the feedback loop, tuned to have a barrier of $\frac{1}{2}z_1^2 = 5$ ($z_0 = 0$, $z_1 = \sqrt{10}$). The dashed red line is the best fit with Eq. (1), demonstrating that the feedback-generated potential behaves as an equilibrium one.

The erasure protocol corresponds to the potential evolution described in Fig. 2, with the associated experimental static position distribution P(z). Initially, the system is at equilibrium either in the state 0 (left-hand well centered in $-Z_1$) or in the state 1 (right-hand well centered in Z_1) with a probability $p_i = \frac{1}{2}$. The process must result in the final state 0 with probability $p_f = 1$, to perform a full erasure process. To do so, during the first stage we drive the wells closer until they merge into one single harmonic well centered in 0. After a short equilibration time, the barrier position (dashed green line) is pushed away to prevent the cantilever from visiting the right hand well (black line). It thus remains in the left hand well (red line), which is driven back to its initial position in $-Z_1$. The so-called stage 2 ends when the threshold is brought back in 0, to reach the final state 0 in the bi-stable potential, regardless of the initial state.

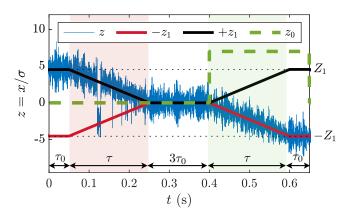


FIG. 3. Time recording of the cantilever deflection z on a single trajectory (blue, starting in state 1 in this example), superposed with the two wells' centers $+z_1$ (black) and $-z_1$ (red), and the threshold z_0 (dashed green). Stage 1 (red background) et 2 (green background) both last $\tau = 200$ ms. τ is very long compared to the natural relaxation time τ_r of the cantilever: $f_0\tau \sim 250 \gg f_0\tau_r = Q/\pi \sim 3$. The equilibrium periods around stages 1 and 2 are chosen freely as long as they allow the cantilever to relax, in this example $\tau_0 = 50$ ms $\gg \tau_r$.

To implement the erasure procedure, the position of the center of the wells $\pm z_1$ (black and red lines), and the barrier position z_0 (green dashed line) are driven accordingly to the profiles in Fig. 3. Initial equilibrium is ensured by a steady potential for a duration of τ_0 , chosen longer than the natural relaxation time of the system $\tau_r = 2Q/\omega_0 = 2.5 \,\mathrm{ms.}$ For clarity purposes, $\tau_0 = 50 \,\mathrm{ms}$ in Fig. 3. During stage 1 (red background) the center of the wells moves linearly from the initial state $z_1(0) = Z_1 = 4.55$ to $z_1(\tau) = 0$ in a time $\tau = 200$ ms. Z_1 sets the height of the barrier in the initial state $\frac{1}{2}Z_1^2 \gtrsim 10$, chosen high enough to secure the initial and final states. When the two wells are close enough, the cantilever starts switching from one well to the other: the information is progressively lost. The cantilever is then allowed to relax at equilibrium in this single well for $3\tau_0$. During stage 2 (green background), the threshold z_0 is set at a large value (of order Z_1 or higher): the cantilever can no longer switch to the right hand side well. The cantilever is then brought back to the state 0, as z_1 follows a linear ramp from 0 to Z_1 , in the same time τ . The protocol ends at

 $\tau_f = 2\tau + 5\tau_0 \gtrsim 2\tau + 15\tau_r$ [32], after letting the system relax during τ_0 and bringing back z_0 to 0.

The data plotted in Fig. 3 contains all we need to compute the stochastic work and heat along a single trajectory. Indeed, if we apply to the underdamped regime the generic computations of these stochastic quantities [33– 37], we obtain the following expressions [31]:

$$\mathcal{W} = \int_{0}^{\tau_{f}} \sum_{i=0,1} \frac{\partial U}{\partial z_{i}} \dot{z}_{i} dt = \int_{0}^{\tau_{f}} \left(S(z-z_{0})z-z_{1} \right) \dot{z}_{1} dt \quad (2)$$
$$\mathcal{Q} = -\int_{0}^{\tau_{f}} \frac{\partial U}{\partial z} \dot{z} dt - \left[E_{k} \right]_{0}^{\tau_{f}}$$
$$= \int_{0}^{\tau_{f}} \left(S(z-z_{0})z_{1}-z \right) \dot{z} dt - \frac{1}{2\omega_{0}^{2}} \left[\dot{z}^{2} \right]_{0}^{\tau_{f}}. \quad (3)$$

From the above definitions, we deduce the energy balance of the system:

$$\Delta U + \Delta E_k = \mathcal{W} - \mathcal{Q}.$$
 (4)

Since at τ_f the system has relaxed to equilibrium, and the initial and the final states of the protocol are the same, $\langle \Delta U \rangle = \langle \Delta E_k \rangle = 0$, thus in average $\langle W \rangle = \langle Q \rangle$ [38].

In order to reach the LB, we should proceed in a quasistatic fashion. From Eqs. (2) and (3), using the Boltzmann equilibrium distribution and the potential energy of Eq. (1), we demonstrate that in the quasi-static regime stage 1 requires $\langle \mathcal{W} \rangle = \langle \mathcal{Q} \rangle = \ln 2$, and that stage 2 doesn't contribute [31]. Actually, in a quasi-static evolution, any intermediate state can be theoretically described with our specific choice of $U(z, z_0, z_1)$, and the mean power computed all along the cycle. Long protocols satisfying $\tau \gg \tau_r$ can be considered as quasi-static erasures, hence we present in Fig. 4 the results obtained from 2000 trajectories, equivalent to the one of Fig. 3. It should be emphasized that the protocol is perfectly efficient from an information processing point of view: all 2000 trajectories ended in the prescribed well, regardless of the initial condition.

As expected for a slow translation of a single well, stage 2 requires nearly no power: $\langle W_2 \rangle = 0 \pm 0.008$. During stage 1 however, the power increases when the cantilever starts switching between the wells. Of course, the equilibrium stage never contributes to the erasure cost. Summing the dissipated power along the process gives: $\langle W_1 \rangle = 0.702 \pm 0.006$ and $\langle W_2 \rangle = 0 \pm 0.008$. Furthermore, we also compute the mean dissipated heat during the whole procedure: $\langle Q \rangle = 0.68 \pm 0.03$. These results are in perfect agreement with the Landauer principle: in a quasi-static process, the mean work or heat required to erase 1 bit of information is $\ln 2 = 0.693$.

After providing experimental evidence that our system matches the LB in the quasi-static limit, we study how fast the procedure can be performed before paying an extra energetic cost for the erasure. We therefore repeat the experiment for increasing speeds $\dot{z}_1 = Z_1/\tau$ [31, 38], and

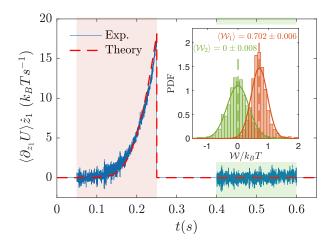


FIG. 4. Time evolution of the mean power over 2000 trajectories following the slow protocol of Fig. 3. The work takes off when the cantilever starts switching between the wells, during stage 1 (red background). Since the process is quasistatic, stage 2 (green background) doesn't contribute on average. The red dashed line is the analytical prediction in the quasi-static regime [31]. (Inset) Work distributions for the 2000 trajectories during stage 1 (W_1 , red) and 2 (W_2 , green) fitted by gaussians (plain lines). As theoretically predicted for a slow erasure, stage 1 reaches the LB of 0.693 (dashed red) while stage 2 requires negligible work (dashed green). PDF of Q are available in the Suppl. Mat. [31]

report the results in Fig. 5. The initial distance between the wells may vary slightly from one set of experiments to the other $(Z_1 = 4.5 \text{ to } 6, \text{ but } Z_1 \text{ is constant for the 2000})$ experiments of any given τ), so we use the speed Z_1/τ to represent how far from a quasi-static protocol we stand. As expected, the slow procedures meet the LB (Figs. 3) and 4 present the slowest one), and quick ones require an extra cost. For finite τ , it has been reported in earlier demonstrations of the LB [12, 15] that $\langle \mathcal{W} \rangle \sim \ln 2 + B/\tau$, with B a constant depending on the system and applied protocol. More generally, this $1/\tau$ asymptotical behavior is expected for the mean stochastic work or heat for finite time transformations both in overdamped [22, 27, 34] and underdamped [39] systems. This suggests a fit of our results with $L_{\infty} + B'\dot{z}_1 = L_{\infty} + B'Z_1/\tau$. It leads to $B' = (437 \pm 27)\, \mu {\rm s}$ and $L_\infty = 0.695 \pm 0.012$ which validates, again, with great accuracy, the Landauer principle. It is noteworthy that using protocols of only $\tau_f \sim 100 \,\mathrm{ms}$ (with $\tau = 30 \,\mathrm{ms}$ and $\tau_0 = 3\tau_r = 7.5 \,\mathrm{ms}$), the energy cost of erasure is only 10% larger than the LB. We didn't explore cycles faster than $\tau = 6f_0^{-1}$ per ramp, which are already only twice the relaxation time $\tau_r = \frac{1}{\pi}Qf_0^{-1}$.

One may wonder if the extra cost at high speed is due either to the erasure protocol itself, or to the damping losses during the ramps. In the inset of Fig. 5, we plot the contribution W_2 or Q_2 of the ramp of stage 2. In a first approximation (neglecting transients), the cantilever will follow the well center z_1 at speed $\dot{z_1}$, while experienc-

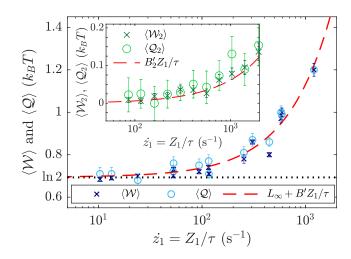


FIG. 5. Energy cost from erasure protocols at different speeds $\dot{z}_1 = Z_1/\tau$, with $Z_1 \sim 5$. Experimental data (blue) are fitted by $L_{\infty} + B'Z_1/\tau$ (dashed red), with $B' = (437 \pm 27)$ µs and $L_{\infty} = 0.695 \pm 0.012$. (Inset) Experimental mean work and heat during stage 2 (green) at different speeds. The theoretical prediction B'_2Z_1/τ (dashed red) with $B'_2 = Z_1/Q\omega_0$ works perfectly (no adjustable parameters).

ing a viscous drag force $\gamma \sigma \dot{z_1}$. We thus expect the ramp cost to be $\langle \mathcal{W}_2 \rangle = \langle \mathcal{Q}_2 \rangle \sim B'_2 Z_1 / \tau$, with $B'_2 = Z_1 / Q \omega_0$. This approximation with no adjustable parameters is reported in the inset of Fig. 5, and matches perfectly the experimental data. We compute $B'_2 \sim 63 \,\mu s$ for $Z_1 \sim 5$: the ramp contribution is not enough to explain the extra cost of fast erasures, since $2B_2$ (one contribution for each stage) would explain only 30 % of the overhead to $\ln 2$.

As a conclusion, let us summarize the highlights of this work. We demonstrate in this letter the benefits of exploring stochastic thermodynamics with an underdamped micro-oscillator: owing to its fast dynamics and small relaxation time, we can accumulate large statistics and lower uncertainties for the measured quantities. The use of a high-precision interferometer coupled with a simple feedback loop allows for a well-defined and tunable double-well potential energy. Combining these two features, we demonstrate experimentally that the Landauer bound can be reached with a very high accuracy in a short time. Furthermore, we can check every step with analytical predictions. Inertia has no effect on the limit, which is reached for just a few natural relaxation times of the oscillator. Notice that, by using oscillators with a higher resonance frequency, the relaxation time could be considerably reduced. Thus, the present approach is promising to further explore stochastic thermodynamics, with unprecedented statistics and more complex behaviors brought on by the inertia.

Acknowledgments This work has been financially supported by the Agence Nationale de la Recherche through grant ANR-18-CE30-0013 and by the FQXi Foundation, Grant No. FQXi-IAF19-05, "Information as a fuel in col-

loids and superconducting quantum circuits."

Data availability The data that support the findings of this study are openly available in Zenodo at https: //doi.org/10.5281/zenodo.4626559 [40]

* ludovic.bellon@ens-lyon.fr

- H. Leff and e. Rex, A.F., Maxwell's Demon: Entropy, Classical and Quantum Information, Computing (Institute of Physics, Philadelphia, 2003).
- [2] J. M. R. Parrondo, J. M. Horowitz, and T. Sagawa, Nature Physics 11, 131 (2015).
- [3] E. Lutz and S. Ciliberto, Physics Today 68, 30 (2015).
- [4] C. Lent, A. Orlov, W. Porod, and G. Snider, *Energy Lim*its in Computation (Springer, 2018).
- [5] M. López-Suárez, I. Neri, and L. Gammaitoni, Nat Commun. 7, 12068 (2016).
- [6] M. Konopik, T. Korten, E. Lutz, and H. Linke, Fundamental energy cost of finite-time computing (2021), arXiv:2101.07075.
- [7] S. Toyabe, T. Sagawa, M. Ueda, M. Muneyuki, and M. Sano, Nature Phys. 6, 988 (2010).
- [8] É. Roldán, I. A. Martínez, J. M. R. Parrondo, and D. Petrov, Nature Physics 10, 457 (2014).
- [9] J. V. Koski, V. F. Maisi, J. P. Pekola, and D. V. Averin, Proceedings of the National Academy of Sciences 111, 13786 (2014).
- [10] R. Landauer, IBM Journal of Research and Development 5, 183 (1961).
- [11] A. Bérut, A. Petrosyan, and S. Ciliberto, EPL (Europhysics Letters) 103, 60002 (2013).
- [12] A. Bérut, A. Arakelyan, A. Petrosyan, S. Ciliberto, R. Dillenschneider, and E. Lutz, Nature 483, 187 (2012).
- [13] A. Bérut, A. Petrosyan, and S. Ciliberto, Journal of Statistical Mechanics: Theory and Experiment 2015, P06015 (2015).
- [14] A. O. Orlov, C. S. Lent, C. C. Thorpe, G. P. Boechler, and G. L. Snider, Japanese Journal of Applied Physics 51, 06FE10 (2012).
- [15] Y. Jun, M. Gavrilov, and J. Bechhoefer, Phys. Rev. Lett. 113, 190601 (2014).
- [16] M. Gavrilov and J. Bechhoefer, EPL (Europhysics Letters) 114, 50002 (2016).
- [17] K. Proesmans, J. Ehrich, and J. Bechhoefer, Phys. Rev. Lett. 125, 100602 (2020).
- [18] J. Hong, B. Lambson, S. Dhuey, and J. Bokor, Sci. Adv.
 2, e1501492 (2016).
- [19] L. Martini, M. Pancaldi, M. Madami, P. Vavassori,

G. Gubbiotti, S. Tacchi, F. Hartmann, M. Emmerling, S. Höfling, L. Worschech, and G. Carlotti, Nano Energy 19, 108 (2016).

- [20] L. L. Yan, T. P. Xiong, K. Rehan, F. Zhou, D. F. Liang, L. Chen, J. Q. Zhang, W. L. Yang, Z. H. Ma, and M. Feng, Phys. Rev. Lett. **120**, 210601 (2018).
- [21] R. Gaudenzi, E. Burzuri, S. Maegawa, H. S. J. van der Zant, and F. Luis, Nucl. Phys. 14, 565 (2018).
- [22] E. Aurell, K. Gawędzki, C. Mejía-Monasterio, R. Mohayaee, and P. Muratore-Ginanneschi, Journal of Statistical Physics 147, 487 (2012).
- [23] G. Diana, G. B. Bagci, and M. Esposito, Phys. Rev. E 87, 012111 (2013).
- [24] T. Schmiedl and U. Seifert, Phys. Rev. Lett. 98, 108301 (2007).
- [25] A. B. Boyd, D. Mandal, and J. P. Crutchfield, Phys. Rev. X 8, 031036 (2018).
- [26] A. B. Boyd, A. Patra, C. Jarzynski, and J. P. Crutchfield, Shortcuts to thermodynamic computing: The cost of fast and faithful erasure (2018), arXiv:1812.11241.
- [27] P. Muratore-Ginanneschi and K. Schwieger, Entropy 19, 379 (2017).
- [28] P. Paolino, F. Aguilar Sandoval, and L. Bellon, Rev. Sci. Instrum. 84, 095001 (2013).
- [29] Doped silicon cantilever OCTO1000S from Micromotive Mikrotechnik, nominal stiffness 3×10^{-3} N/m.
- [30] H.-J. Butt, B. Cappella, and M. Kappl, Surface Science Reports 59, 1 (2005).
- [31] See Supplemental Material at http://[link provided by the editorial office] for details on the feedback loop, the derivation of the theoretical predictions on work and heat, an example of high speed protocol, and a PDF of Q.
- [32] To set τ_0 , we use the rule of thumb that a perturb system returns to equilibrium after $3\tau_r$, with τ_r the characteristic relaxation time in the exponential decay.
- [33] K. Sekimoto, *Stochastic Energetics*, Lecture Notes in Physics, Vol. 799 (Springer, 2010).
- [34] K. Sekimoto and S. Sasa, Journal of the Physical Society of Japan 66, 3326 (1997).
- [35] U. Seifert, Reports on Progress in Physics 75, 126001 (2012).
- [36] C. Jarzynski, Annual Review of Condensed Matter Physics 2, 329 (2011).
- [37] S. Ciliberto, Phys. Rev. X 7, 021051 (2017).
- [38] $\langle \mathcal{W} \rangle$ does not depend on τ_f but on τ only. Indeed as $\dot{z}_1 = 0$ outside the ramps period then in Eq. (2) the integration limits reduces to 2τ [31].
- [39] A. Gomez-Marin, T. Schmiedl, and U. Seifert, The Journal of Chemical Physics 129, 024114 (2008).
- [40] S. Dago, J. Pereda, N. Barros, S. Ciliberto, and L. Bellon, 10.5281/zenodo.4626559 (2021).